



**Coaching Intern Application
CrossFit Biometrics, Fredericton, NB**

Applicant's Name:

Date of Application:

Current program of study and year:

Previously completed education (yr/program/school):

Please provide us with your most up to date transcript.

Previous CrossFit experience? (Circle one)

Y / N

If yes, how long?

_____ years

If yes, did you train at an affiliate? (Circle one)

Y / N

If yes, where?

Previous CrossFit coaching experience? (Circle one)

Y / N

If yes, how long?

_____ years

Please describe that experience here.

Have you attended and completed any CrossFit coaching certifications?

Y / N

If yes, which ones?

Other coaching experience? (Circle one)

Y / N

If yes, how long?

_____ years

Please describe that experience here.

Have you completed any other relevant coaching training?

Y / N

If yes, please describe that training here.



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If you are selected to join CrossFit Biometrics coaching staff as a coach's assistant in our coaching intern program which of the following class time slots are you available to help coach over the upcoming school term? (Circle all that apply)

Monday	6am	noon	5pm	6pm	7pm	8pm
Tuesday	6am	noon	5pm	6pm	7pm	8pm
Wednesday	6am	noon	5pm	6pm	7pm	8pm
Thursday	6am	noon	5pm	6pm	7pm	8pm
Friday	6am	noon	5pm	6pm	7pm	8pm
Saturday	8am	9am	10am	11am		
Sunday	8am	9am	10am	11am		

Do you have your own transportation to and from the gym or can you make arrangements that can reliably get you to the gym for scheduled classes? (there is a bus stop near the gym) Y / N

In the future would you want to become a part time or full-time coach at CrossFit Biometrics? Y / N

Please describe what you hope to gain from your time as a coaching intern at CrossFit Biometrics.

What are your current career aspiration?

What are your fitness aspirations?

Applicant's Signature _____ Reviewed by: _____